

CITY OF PORTSMOUTH A.C. Club Records Senior Men

EVENT	Performance	NAME	Location	Date
60m i	7.2	Jordan BURTON	Lee Valley	5th Dec 2012
100m	10.6	Graham MAHONEY		1984
200m	20.92	Alan PASCOE	Crystal Palace	15th Jul 1972
400m	46.83	Alan PASCOE	Crystal Palace	14th Sept 1973
800m	1.47.2	Peter Kilford		1961
1500m	3.39.48	Matt de Freitas		1993
3000m	07:55.9	Mark HARRIS		1989
5000m	13:29.4	Bruce TULLOH		1964
10000m	28:10.6	Martin HYMAN		1962
	28:10.6	Bruce TULLOH		1962
Marathon	02:13.4	John CAIN	London	17th April 1983
3000SC	08:53.6	Tim JOHNSTON		1963
110H	13.7	Alan PASCOE	Brno CZE	5th July 1969
400H	48.59	Alan PASCOE	Stockholm SWE	30th Jun 1975
HJ	1.96	Stuart RANCE		2003
LJ	7.41	Roy HARDING		1959
PV	4.82 (i)	Tom FARRES	Brunel	5th March 2017
	4.82	Tom FARRES	Bedford	15th July 2017
TJ	15.99	Roy HARDING		1965
SP	17.41	Lee WILTSHIRE	Swindon	1994
JT	72.19	Richard SHUTTLEWORTH	Bedford	10th June 2012
DT	52.97	Dave LOVETT	Sandown	9th Sept 2001
HT	51.93	Dawid MARCHLEWICZ	Ashford	12th July 2008
Dec	6777	Adam AKEHURST	Stoke	10th June 2007
4x100m	41.3	Mahoney;Bartlett;Martin;Bradle		1981
4x400m	3.20.9			1992