

## CITY OF PORTSMOUTH A.C. Club Records Under 20 Women

EVENT	Performance	NAME	Location	Date
60m(i)	8.7	Kerry MURRAY		2005
100m	12.4	Leah TRIBE		1999
200m	24.9	Ellie HOWARTH-BROWN	Ashford	24th Jun 2006
400m	57.4	Ellie HOWARTH-BROWN	Portsmouth	7th May 2006
800m	02:11.5	Emma GILMORE	Watford	11th Jul 2011
1500m	04:39.7	Jess CHEN	Portsmouth	12th May 2012
3000m	09:49.3	Jess CHEN	Portsmouth	12th May 2012
5000m	16:36.1	Jess CHEN (Outright club record)	Olympic Park	6th May 2012
1500mSC	05:46.4	Abigail LAZENBURY	Wycombe	26th Jul 2009
100H	14.92	Kelly SOTHERTON		1994
400H	58.74	Ellie HOWARTH-BROWN (Outright club record)	Crystal Palace	18th Jun 2006
HJ	1.70m	Sharon WOOLRICH		1994
LJ	5.83m	Kelly SOTHERTON (Outright club record)		1995
PV	3.05m	Sophie MILLETT (Outright club record)	Bromley	4th Sept 2010
TJ	11.56m	Kelly SOTHERTON		1995
SP	15.05m	Serena VINCENT (Outright club record)	Portsmouth	8th June 2019
	15.47(i)	Serena VINCENT (Outright club record)	Sheffield	23rd Feb 2020
JT	41.69	Millie CAVANAGH	Finland	25th June 2017
DT	48.60	Heather CUBBAGE (Outright club record)	Bedford	27th May 2019
HT	54.72	Helen ARNOLD (Outright club record)	Ljubijana SLO	26th July 1997
4 by 100m	50.21	Amelia Spry, Sophie Brame	Olympic Stadium	21st July 2019
		Maddie Wilton, Ella-May Spake		